

Lent Day 26
Thursday March 10, 2016
London Heathrow (8:12 am)

Reading: Mark 9.14-29

Reflection

“I do believe; help me overcome my unbelief!” In my books no truer words have ever been spoken than these. This is why salvation is by faith and not belief; though faith leads to belief.

This same tension plays out in our discipleship too, doesn't it? We have some desire to be followers of Jesus and have our lives conformed to the kingdom, but, at the same time, we lack the grit required to make the journey. Left to ourselves we would be defeated and left to suffer with our own impotence. However, we are not left to ourselves.

We stand before the one who, if we just have faith, can overcome our unbelief and make followers out of weaklings. The key is to recognize our impotence and cry out, “Lord, help!” In crying out we are given the faith we require to stand. So, he not only provides the faith we need, but through faith he make us faithful.

As the father receives back his son made whole, we are given ourselves — our true selves.

Prayer

Lord, we do believe; help us overcome our unbelief! Grant to us, in your mercy, this faith that will make us faithful. Amen.